

HIGHER GROUNDS



B R E A K Y T I M E
7 A M - 1 2 P M D A I L Y

CHECK OUR CHEF'S DAILY SPECIALS-VEGAN & ALLERGY OPTIONS AVAILABLE

TAKE IT EASY

\$6.00 TOASTS

Traditional White Sour Dough / Quinoa & Soy Linseed / Raisin Turkish Toast / Gluten Free Toast (\$7) / White Or Wholemeal Toast
2 slices with Butter. Your choice of Vegemite, Peanut Butter, Marmalade or Strawberry Jam

\$7.50 GROUNDS BAKED BANANA & WALNUT LOAF W/ Whipped Honey Butter

\$9 HG BACON & EGG ROLL-Grilled Bacon & Free Range Egg On a Seeded Milk Bun

Your choice of HG Tomato & Onion Relish, Aoli, Tomato or BBQ sauce

ADD - Cheese / Avocado / Grilled Tomato / (1) Hash-Brown / Tortilla or Gluten Free Bun (\$1.50 Extra Per Item)

\$12 VEG DELIGHT ROLL (V)- Baby Spinach, Grilled Haloumi, Mushrooms, Avocado, Fried Egg & Basil Pesto on a Seeded Milk Bun

ADD - Tortilla or Gluten Free Bun (\$1.50 Extra Per Item)

GET IN MY BELLY

\$10 EGGS YOUR WAY (V)

2 Local Free Range Eggs Fried, Scrambled or Poached, Served with Sour Dough Toast

EXTRAS - Add any of the below EXTRAS to your meal, CHARGED PER ITEM.

\$4 Avocado / Baby Spinach (Fresh or Saute) / Blistered Vine Cherry Tomatoes / Hollandaise Sauce / Grilled Haloumi /

Saute Balsamic Glaze Mushrooms / Eggs your way Poached, Fried or Scrambled

\$5 Bacon, Chipolata Sausages / Smoked Salmon / Hash Browns

BREAKFAST DELIGHTS

\$15 GOOD MORNING BRUSHETTA (V) - Great topped with Poached Eggs (Extra \$4.00)

Soy & Linseed Sour Dough, Avocado Mash, Blistered Vine Cherry Tomatoes, Marinated Feta Cheese, Basil & Citrus Balsamic Glaze

\$16 GROUNDS GRANOLA & SEASONAL POACHED FRUITS (V)

Our blend of slow baked Oats with Coconut Flakes, Cranberries, Apricot, Chai Seeds & Almonds topped with Poached Fruits & Yogurt

\$17 BELGUIM WAFFLES

W/ GRILLED BANANA, Warm Caramel Sauce, Berries Compote & Vanilla Ice Cream (V)

OR BACON, Maple Syrup & Vanilla Ice Cream

\$19 HG CLASSIC CORN FRITTER STACK (V)

Fresh Corn, Capsicum & Dill Fritters stacked on a bed of wilted Baby Spinach, Avocado, Grounds Tomato & Onion Relish, Creme Fraiche

1 Free Range Poached Egg ADD - BACON OR SMOKED SALMON (\$5.00 EXTRA)

\$20 EGGS BENEDICT TWIST

A twist on a classic. 2 Hash-Browns, wilted Spinach, GRILLED HAM or SMOKED SALMON, 2 Poached Free Range Eggs w/ Hollandaise

\$24 HG BREAKFAST PLATE

Local Free Range Eggs your way Poached, Fried or Scrambled with Grilled Bacon, Chipolata Sausages,

Blistered Vine Tomatoes, Hash Browns, Balsamic Glaze Mushrooms & Sour Dough Toast

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