



# Higher Grounds Cafe

## CLASSIC HIGH TEA MENU

### TIER 1

Antipasto Tartlet  
Petite Quiche Lorraine  
Smoked Salmon, cream cheese, capers, dill,  
lemon mini Bagel  
Curried egg & iceberg lettuce Sandwiches  
Poached coconut & lime chicken breast,  
tomato, lettuce & avocado fresh  
Tortillas

### TIER 2

Baked fresh in house Scones, topped with jam &  
fresh Cream

### TIER 3

Cocktail Portuguese Tarts  
Citrus Tarts, Raw Treats





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## VEGAN HIGH TEA MENU

### TIER 1

Antipasto skewer  
Mushroom, Spinach & Walnut baked crust  
Tartlet  
Summer veggie rice paper rolls with cashew &  
Tahini dipping Sauce  
Roasted beetroot, dill & vegan feta organic  
sourdough Bruschetta

### TIER 2

Vegan scones with seasonal fruit Jam & vegan  
cream

### TIER 3

Lemon chai & cashew slice  
Vegan Bliss balls & donut holes  
Cherry Ripe cups

