

Lunch

*Would you like to see our Wine/Bar List?
Please Ask Our Friendly Wait staff*

DAILY 12PM-3PM

STARTERS

\$6.00 BOWL OF FRIES W/ HG SEASONING

\$10.00 BOWL OF SWEET POTATO FRIES **ADD/ AIOLI, SWEET CHILLI \$2 EXTRA**

\$16.00 HG MEDITERRANEAN PLATE (V)-

SOURDOUGH, LIGHTLY BRUSHED & TOASTED WITH SEA SALT & OLIVE OIL, SERVED WITH BALSAMIC VINAIGRETTE, DUKKAH, MARINATED FETTA, KALAMATA OLIVES & SEMI DRIED TOMATOES

ADD/ GRILLED PRAWNS OR SMOKED SALMON \$6.50

SALADS

\$20.00 24 HOUR SLOW COOKED PORK SHOULDER SALAD- HOUSE FAVOURITE

GROUNDS 24HR SLOW COOKED PULLED PORK, BABY SPINACH, SLAW, SWEET POTATO, CHILLI ONION JAM, MARINATED FETA, QUINOA, SPICED APPLE WEDGES, MAPLE WALNUTS W/ SEEDED MUSTARD HONEY CIDER VINAIGRETTE

\$20.00 GROUND CAESAR SALAD-

CRISP COS LETTUCE, BACON, PARMESAN CHEESE, CROUTONS, ANCHOVIES & POACHED EGG, MIXED W/ GROUND CAESAR DRESSING

ADD/ GRILLED CHICKEN BREAST \$5

ADD/ GRILLED PRAWNS \$6.50

\$20.00 HG FALAFEL BOWL (V)-

GROUNDS SWEET POTATO & CHICKPEA FALAFELS (3) WITH BABY ROCKET, CHERRY TOMATOES, PICKLED CUCUMBER, AVOCADO, QUINOA & LEMON WEDGE TOPPED W/ TORTILLA CHIPS & MINT YOGHURT

ADD/ GRILLED CHICKEN BREAST \$5

ADD/ GRILLED PRAWNS \$6.50

MEAT

\$20.00 MARINATED BOURBON & MAPLE BRISKET TORPEDO-

TORPEDO BUN TOPPED WITH SLOW COOKED BRISKET, GROUND SLAW, BALSAMIC GLAZED ONION & VINTAGE CHEDDAR, SERVED W/ CHIPS

BURGER OF THE WEEK

SEAFOOD

\$24.00 PAN FRIED SALMON FILLET-

FINISHED IN A COCONUT & LEMONGRASS BROTH W/ STEAMED RICE, ASPARAGUS & FRIED ESCHALLOTS **ADD/ GRILLED PRAWNS \$6.50**

\$24.00 WELCOME BACK GROUND MACADAMIA SQUID SALAD-

THAI SALAD W/ CHINESE CABBAGE, MINT, CORRIANDER, CUCUMBER, BEAN SPROUTS, SERVED W/ SWEET POTATO FRIES & SEEDED MUSTARD HONEY DIPPING SAUCE

KIDS & SENIORS MENU AVAILABLE

Daily specials available on our blackboards

Please let waitstaff know about

any allergies or dietary needs

(V) - Vegetarian


HIGHER GROUNDS
KINCUMBER
HOME OF FINE FOOD & ESPRESSO